



by *sodexo**

Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Jalfrezi served with rice or Bombay potatoes and mango chutney or mint raita	Fresh Beef Burger with Cheese & Relish	Roast Pork with Apple Sauce	Spice Jerk Chicken Thigh	Oven Baked Cod
Cheese & Tomato Omelette	Vegetable Khobez Flatbread	Quorn Fillet & Gravy	Reggae Reggae Three Bean Chilli	Stuffed Courgette
Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad	Seasonal Vegetables	Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad
Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings
Green salad	Green salad	Green salad	Green salad	Green salad
Apple & Cinnamon Crumble	Fruit Scone & Jam	Lemon Drizzle Cake & Custard	Mango Cheesecake Pot	Pancakes & Toppings



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Week 2

MONDAY

Spiced Butter
chicken Leg
with Rice

Quorn &
Roasted
Tomato
Pasta
Bake

Seasonal
Vegetables or
Mixed salad

Jackets with a
choice of
toppings

Green salad

Fresh Treacle
Sponge & Ice
Cream

TUESDAY

Lasagne &
Garlic Bread

Mushroom
Stroganoff with
Rice

Seasonal
Vegetables or
Mixed salad

Jackets with a
choice of
toppings

Green salad

Frozen Yogurt

WEDNESDAY

Roast Chicken,
Stuffing &
Gravy

Sweet &
Sour
Vegetable
Noodle Pot

Seasonal
Vegetables or
Mixed salad

Jackets with a
choice of
toppings

Green salad

Strawberry
Eton Mess
Pot

THURSDAY

Minced Beef
Fajita
with
Salsa

Roasted
Vegetable &
Bean Moussaka

Seasonal
Vegetables or
Mixed salad

Jackets with a
choice of
toppings

Green salad

Fruity Flapjack &
Custard

FRIDAY

Battercrisp cod
fillet

Macaroni
Cheese
& Garlic
Bread

Seasonal
Vegetables or
Mixed salad

Jackets with a
choice of
toppings

Green salad

Knickerbocker
Glory Pot



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Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Thai Green Chicken Curry & Rice	Beef Bolognaise Pasta Bake	Roast Beef & Yorkshire Pudding	Chicken in Black Bean Sauce	Fish Fingers
Ratatouille Bean Bake	Vegetarian Chimichanga & Sweet Chilli Sauce	Sweet Potato & Chickpea Curry	Asian Stir Fried Noodles	Vegetarian Calzone
Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad	Seasonal Vegetables or Mixed salad
Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings	Jackets with a choice of toppings
Green salad	Green salad	Green salad	Green salad	Green salad
Meringue Crunch Pot	Strawberry Trifle Pot	Chocolate Cake & Custard	Five Spice Apple Fool Pot	Vanilla or Strawberry Ice Cream Tub