

Isca Academy
PE Kit Expectations
Autumn 2018

At Isca Academy we have very high standards for our pupils in PE and would like to take this opportunity to remind you of our PE kit expectations.

## PE Kit:

- Isca PE polo shirt in cold weather a black base layer may be worn under the polo shirt or an Isca PE sweatshirt over the top
- Black shorts of an appropriate length (mid-thigh is deemed an appropriate length) or black tracksuit bottoms or a black skort leggings are not permitted
- Trainers must be worn. No school shoes or flat bottomed deck shoes, as these do not adequately support the foot/ankle during physical activity.

## For health and safety reasons:

- No jewellery to be worn
- Long hair must be tied up
- Plus extra protective equipment gum shields and shin pads will be required for Hockey, Football and Rugby lessons

Students who fail to adhere to the above requirements will receive sanctions in line with the schools Ready to Learn policy.

Thank you for your support in ensuring our high standards are met.

PE Department