

WELCOME TO ASPENS

We are delighted to be the chosen caterer for your school.



Great tasting healthy food

Great food begins with great people, cooking fresh food using quality ingredients - that's Aspens!

message of how we source back to our clients and customers.



WHAT'S ON THE MENU?

We have a range of menus and food offers to keep students fuelled for learning.

Attitudes and expectations around food are increasingly influenced by the high street and they now eat a much wider variety of food than ever before - so we make sure we keep up with their tastes!

We engage with our school cooks and chefs to create new menus, which places food that excites them right at the forefront. Global cuisine, customisation and food on the move have overtaken traditional meals, but there is still a place on our menu for familiar favourites!

An honest and successful British owned and operated company, we specialise in providing catering services to schools and colleges across the UK and pride ourselves in strong relationships with students, parents and school teams.

We are one team, with the same goal - to provide a great catering service to our customers and enjoy what we do. We share a commitment to quality, a concern for the environment and a belief in the importance of people and teamwork.

Our approach to food sourcing focuses on sustainability, seasonality and provenance, underpinned by food safety and due diligence. We have built great relationships with our regional supply chains; this ensures that we source the best quality products at a competitive price. By utilising robust suppliers we can ensure we have the right products available, that they are ethically sourced, traceable and safe.

We engage with our fresh food suppliers to ensure that we promote the use of British seasonal produce, understand who our growers and farmers are and cascade the

Research increasingly demonstrates the need for good nutrition across all age groups and a balanced diet reduces the number of nutrition-related illnesses in young people.

Our menus are enjoyable as well as nutritious. We play an important role in promoting a well-balanced diet and setting pupils on the right track for later life.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Carbonara
 Wholegrain Penne, Garlic Bread and Green Salad

Cheeseburger
 Oven Baked Paprika Wedges and Ranch Slaw

Roast Chicken and Stuffing Bap
 Roasties, Roast Carrots and Gravy

Ancho Pork Burrito
 Mexican Slaw Corn Cobette

Battered Fish Dog
 Chip Shop Curry Sauce, Chips and Mint Crushed Peas

VEGGIE DISH



Vegan Bolognese
 Wholegrain Penne, Garlic Bread and Green Salad

Spicy Bean Burger
 Oven Baked Paprika Wedges and Ranch Slaw

Aubergine Parmigiana
 Roasties, Roast Carrots and Gravy

Ancho Jackfruit Burrito
 Mexican Slaw Corn Cobette

Quorn Dog
 Chip Shop Curry Sauce, Chips and Mint Crushed Peas

Hot DELI.

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

DELICIOUS DESSERTS

Peach Melba Traybake

Sweet Potato Brownie

Carrot and Pineapple Muffin

Mexican Chocolate Pudding

Yoghurt, Granola and Peaches



Cold DELI.

We have a great range of homemade savoury and sweet items. Freshly baked baguettes, rolls, wraps, sandwiches and salads. For afters ... a range of cold desserts, homemade cakes, biscuits and fruit pots.



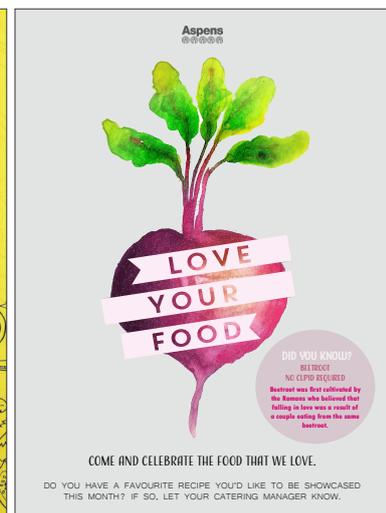
Hot DELI.

Our range of hot deli items includes hot marinated chicken wraps, paninis, topped jackets, freshly prepared pizza slices and fresh pasta with a variety of homemade sauces.

PROMOTIONS AND OFFERS

Our promotions are created to give our customers the opportunity to try new products, demonstrate value for money, increase loyalty and encourage use of the service at different times of the day. We offer rewards such as discounted prices, free fruit, treats, drinks or money off vouchers.

We also hold a range of theme days to keep the menu exciting!



WORLD KITCHEN

World Kitchen is our traditional hot food offer. Our exciting weekly menu is based on food from around the world and includes a range of hot and tasty puddings.