

Dear Team Managers,

Exe Valley Challenge 2026 - Team Managers Brief

The EVC is organised by Isca Academy principally to provide young people with the chance to test themselves as individuals and to develop their ability to work as a team. During the actual event, we wish all teams to enjoy this experience with minimum adult support and no direct supervision on the course (except those on the Mini route).

Safety

- The wellbeing of all participants from the time each team is called forward at the start, until their return to Isca Academy is our primary concern. Participants who don't complete the course and drop out will be collected by Isca Academy staff, returned to school and handed over to the Team Managers.
- Only 1 member of a team may drop out – teams of less than 3 will not be allowed to continue.
- The marshals at the checkpoint will take reasonable steps to ensure participants are fit to continue with the event.
- We are aware of issues relating to child protection and all of our marshals are briefed to treat with suspicion any approach to a participant by person(s) unknown to them.
- Basic first aid is available at the checkpoints and Devon Emergency Medical Services provide additional First Aid cover during the event.
- In addition to our army of volunteers at checkpoints and other locations along the route, Police Cadets from Devon and Cornwall will provide additional support at Countess Wear and St David's bridges'.

Team Managers

Team Managers should;

- Ensure they have all the necessary consent forms from parents/carers.
- Be aware of any medical issues which might affect participants during the challenge e.g. asthma, hay fever etc.
- Ensure that all participants are adequately prepared, trained and equipped for the event
- Completed and returned the booking form, and payed the fees as required.
- Ensure that parents/carers receive a copy of 'Parent Info Pack' prior to the event, it contains information that is relevant to the safety of the participants and helps reduce any misunderstanding regarding areas of responsibility during the event.

We appreciate your commitment in entering teams in to the EVC and we very are grateful for all your efforts.

Teams

Teams must start with four participants. This can be in any combination and the category in which they compete will be determined by the eldest member of the group. The categories are:

| Route | Distance | Year(s) | Team categories |
|---------------|-----------------|----------------|------------------------|
| Mini | 5 miles | 2 and 3 | Mixed |
| Junior | 7 miles | 4 and 5 | Boys, Girls or Mixed |
| Senior | 10 miles | 6 and 7 | Boys, Girls or Mixed |

For event planning purposes we require the approximate number of teams you wish to enter to be submitted on the **EVC Initial Entry Form** and we will then start the registration process. This form must be submitted by **Friday 24th May 2026**.- after this date we may be able to accept entries if we have space- please contact ollie.milverton@iscaexeter.co.uk

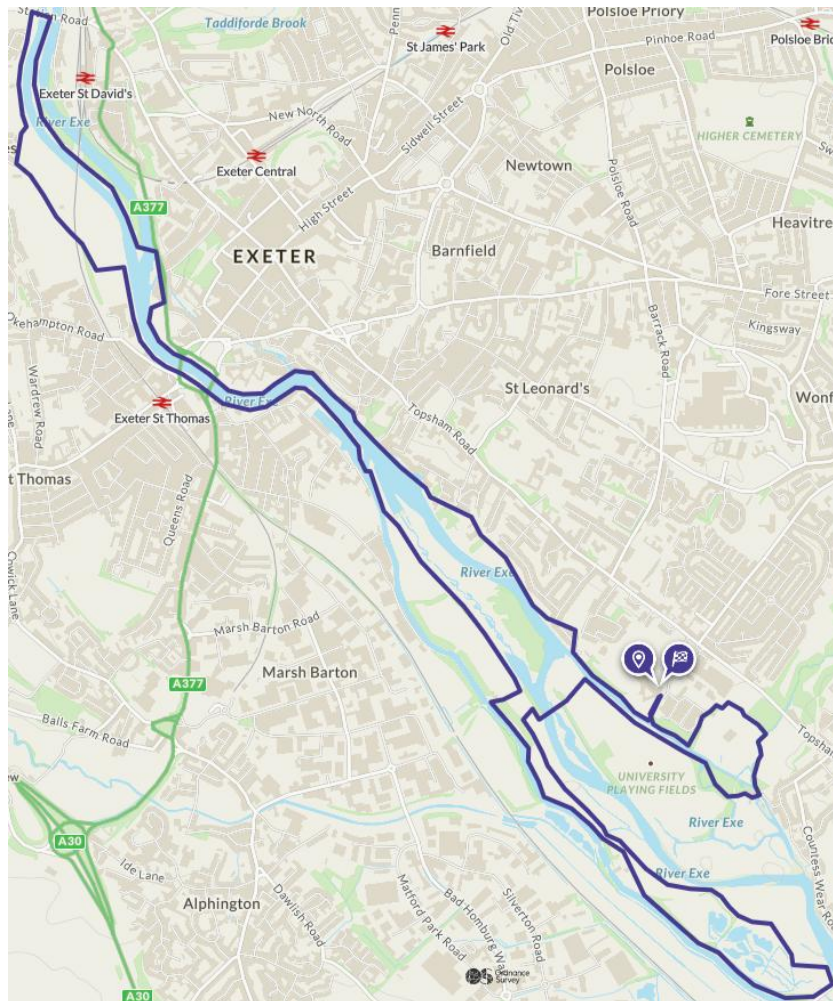
You must complete and return the **EVC Final Team Details Form** by **Friday 3rd July 2026**.

Fees

There is an entry fee of £24 per team. All team fees must be paid by Friday 3rd July. Fees are non-refundable. Fees can be paid by cheque or BACS, details will be on invoices which will be sent in mid-June.

The Route

The route starts and finishes at Isca Academy and follows a 10-mile (senior), 7-mile (junior) or 5-mile (mini) course around the Riverside Valley Park, Pepper Pots Playing Fields and the Quay, reporting to check points along the way. The Route will be marshalled by clearly identifiable, DBS checked volunteers, supported by the Police Cadets and Isca Academy staff, many of who are qualified first aiders. Copies of the route can be found on the [EVC section of the school website](#). The sketch map below shows the 10-mile Senior route.



Training support

Isca Academy are able to provide some support for EVC route training and in addition, teams are welcome to piggyback onto Isca Academy training days (details available upon request). Please contact us as soon as possible for details or to discuss other requests for assistance.

Please also note that we have provided a PowerPoint Assembly on our website.

Shadowing

One of the aims of this event is to encourage independent team working, however we recognise for a group to have a successful outcome they may require older Isca Academy students to accompany them (with the exception of Year 2 & 3, parents/carers are not encouraged to accompany their child unless there are special circumstances or requirements). Team managers can apply to have teams from Years 4, 5 and 6 shadowed. Whilst we appreciate there are often last-minute changes to teams, for organisation purposes it would be helpful if you could inform us by **Friday 3rd July 2026**.

Equipment

Teams will be required to carry certain equipment with them such as a waterproof coat, a personal first aid kit, snacks and drinks and be dressed appropriately. Teams will be checked as they leave so please check that your team is correctly equipped to save time. See the **EVC Kit List which is on our website**.

Important dates

| Date | Distance |
|---|---|
| Friday 24th May 2026 | Closing Date for initial entries . |
| Friday 3rd July 2026 | Closing Date for EVC Final Numbers |
| Friday 3rd July 2026 | Closing date for shadow requests |
| Sunday 12th July 2026 | The Event! |

Questions

If you have any questions or concerns about this event no matter how trivial, please do not hesitate to contact me by email at ollie.milverton@iscaexeter.co.uk

Thanks in advance and fingers crossed for good weather!



Ollie Milverton
Event Coordinator
Isca Academy
<https://www.iscaexeter.co.uk/exevalleychallenge>